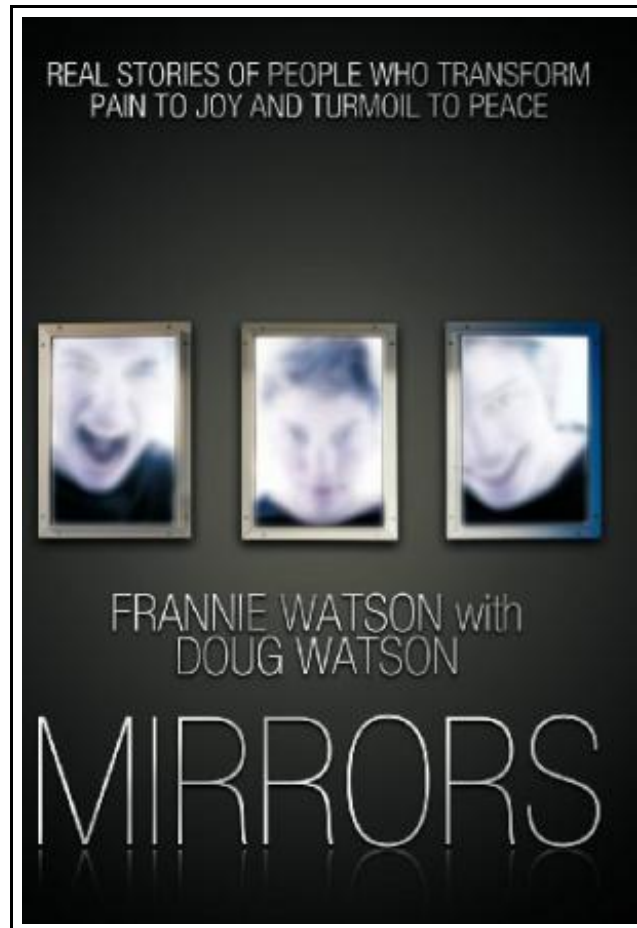


## Mirrors: Real Stories of People Who Transform Pain to Joy and Turmoil to Peace



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WestBow Press A Division of Thomas Nelson. Hardcover. Book Condition: New. Hardcover. 112 pages. Dimensions: 8.5in. x 5.5in. x 0.4in. MIRRORS explores the life stories of three real people. The author weaves together the individual stories and invites the reader to identify with these tales. The reader is offered the opportunity to use the actions and feelings of the characters to help examine his or her own emotions and choices. The character, Jacob, enjoys his job and he has great friends, but everyday he comes home to turmoil and dark thoughts. Like Jacob, we ask ourselves, Does the average person obtain peace in life HOW CAN PEACE COME OUT OF CHAOS In Mirrors the reader is challenged by questions and observations of the characters lives. Emotional issues such as codependency and addiction are recognized as unhealthy behaviors. Basic emotional concepts revealed through the characters may help mirror aspects in your own life. As the reader identifies with the characters they will have the opportunity to reflect on issues in their own experiences. Identification with these reflections make Mirrors a different kind of self-improvement book. Through self-examination hopefully the reader can catch a glimpse in the mirror and see a healthier future of greater peace and joy in life. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.

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