



# Getting to Where You Are: The Life of Meditation

By Steven Harrison

New Age Books/Motilal Banarsidass Publishers Pvt. Ltd, New Delhi, India, 2005. Paperback. Book Condition: New. First Indian Edition. The book offers freedom from the burden of structured rules and the i dictates of spiritual teachers, allowing us to turn our attention to the i nature of awareness itself and its expression in our day-to-day lives. Harrison offers exquisitely simple and profound insights that show how i meditation is our natural state of existence: we need only do less, not i more, in order to reap its benefits. Through an unfolding of provocative i questions and unexpected wisdom, Getting to Where You Are speaks both to i those coming to meditation for the first time and to long-time i practitioners. This is a book for all who care deeply about exploring and i expanding their meditation, and their lives. Printed Pages: 220. Size: 14 Cms x 22 Cms.



#### Reviews

This sort of publication is everything and made me seeking forward and much more. Better then never, though i am quite late in start reading this one. I am easily could possibly get a delight of reading through a created pdf.

-- Quinton Balistreri

A really amazing ebook with lucid and perfect answers. I am quite late in start reading this one, but better then never. You are going to like the way the blogger write this pdf.

-- Prof. Bertram Ullrich Jr.

## Relevant eBooks



# The Diary of a Goose Girl (Illustrated Edition) (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Claude A Shepperson (illustrator). Illustrated. 229 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator....



#### The Story of Patsy (Illustrated Edition) (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Illustrated. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's author and educator. She was born in...



#### The Diary of a Goose Girl (Illustrated 1902 Edition) (Paperback)

Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated.  $203 \times 127 \text{ mm}$ . Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's author and educator. She was born in...



# The Romance of a Christmas Card (Illustrated Edition) (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Alice Ercle Hunt (illustrator). Illustrated. 229 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator....



### The love of Winnie the Pooh Pack (Disney English Home Edition) (Set of 9)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback Pages Number: 1224 Language: English. Disney Home Edition English English enlightenment and good partners Disney English Home Edition series of...



# The Mystery of God's Evidence They Don't Want You to Know of (Paperback)

Createspace, United States, 2012. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Save children s lives learn the discovery of God Can we discover God? What does science prove? Why we were never...