



Eft - Emotional Freedom Technique Acupressure, Color Breathing, Visualization: Natural Eyesight Improvement (Black White Edition) (Paperback)

By Clark Night, Dr William H Bates

Createspace, United States, 2010. Paperback. Book Condition:

New. 254 x 203 mm. Language: English . Brand New Book *****

Print on Demand *****.Black and White version. EFT is an Easy

Type of Chinese Acupressure, Puncture without Needles or Hard

Pressure. EFT is applied by TAPPING , activating energy points,

meridians on/in the body with the fingertips. Tapping removes

energy blocks, (stuck, stagnant energy), orients, polarizes ,

corrects, balances and strengthens the energy flow in the body,

through the Meridians/Energy Pathways, Energy Points,

Chakras, Nervous System. (Electric, Chi and other Energies,

Physical and Spiritual.) Tai Chi, Qi Gong, Karate Energy Control

Methods are related to EFT. EFT removes negative, destructive

emotions, thoughts, feelings, stress from the mind/brain, system

by correcting energy flow. The body s energies flow correct and

strengthen. EFT balances and improves function of the left and

right brain hemispheres. This produces good health, clear

eyesight. Neck, chest, shoulder, eye muscle tension, stiff,

infrequent eye shifting movements, headaches, strain in the

mind/brain, negative, unhappy past/present thoughts,

emotions, experiences, blocked energy flow, lowered liver/kidney

health, staring, squinting cause unclear eyesight. Negative,

destructive thoughts, emotions, worry are a common cause of

mental strain, back, chest, shoulder, neck, eye muscle tension

and...

Reviews

It becomes an awesome ebook which i have ever go through. it was writtern quite perfectly and valuable. You will like just how the writer write this ebook.

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A must buy book if you need to adding benefit. It is actually writter in basic phrases and not confusing. I found out this book from my i and dad suggested this pdf to find out.

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