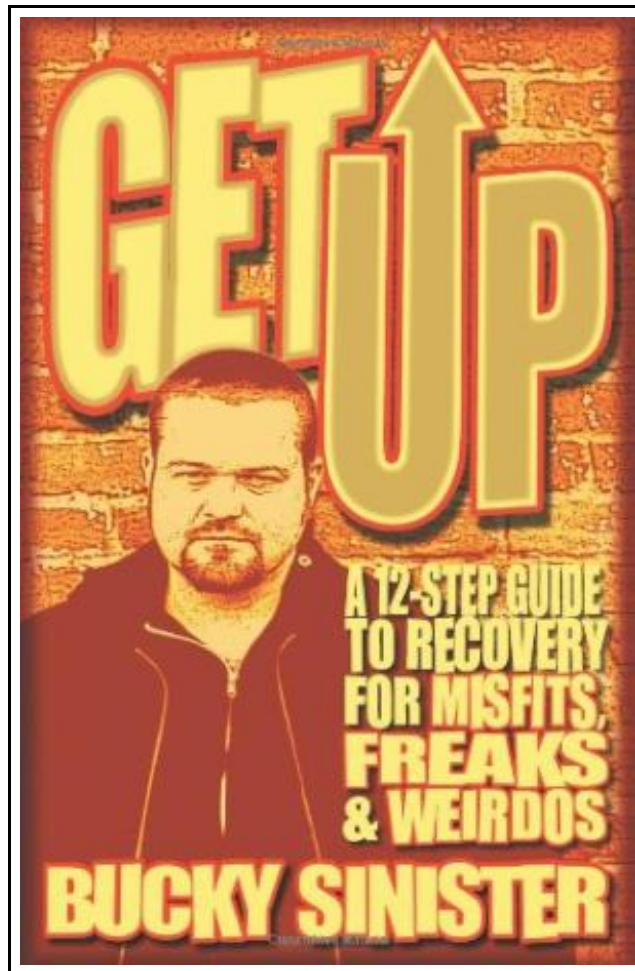


Get Up: A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos



Filesize: 1.43 MB

Reviews

This publication is very gripping and intriguing. It is among the most awesome book we have go through. You can expect to like how the author compose this book.

(Dr. Malika Bechtelar II)

GET UP: A 12-STEP GUIDE TO RECOVERY FOR MISFITS, FREAKS, AND WEIRDOS



Conari Press. Paperback. Book Condition: New. Paperback. 169 pages. Dimensions: 8.3in. x 5.4in. x 0.7in. As an atheist with a background in fundamentalism, Bucky Sinister was skeptical of 12-step groups when the time came for him to get sober. He was afraid of losing his artistic abilities and had big problems with the higher power concept. In spite of his hesitations, he stuck with the program and it rewarded him greatly. In *Get Up*, he shares the knowledge he gained on his journey, from being afraid of the 12-step philosophies to embracing them, motivating others to join him in their own efforts to get clean. Sinister, a spoken word artist, poet, and performer, well-known on the West Coast for his grabbing, truthful, funny performances, puts out his own story, no frills, no excuses, and no holds barred. He offers a tough-love approach to recovery for all those, like him, who are turned off by traditional recovery books. Sinister got sober using the 12-step program, has stayed sober, and now he leads the very group he joined on his path to recovery. In *Get Up*, he shares the stories and the steps that come from the self-identified scum bags who just might save your life. He talks straight to readers about how to make it work if they can't buy into the program right away. For example, Higher Power can be a whole lot of things—Thor and metaphor among them. He helps readers to accept the group in spite of their differences, rather than walking away. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



[Read Get Up: A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos Online](#)



[Download PDF Get Up: A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos](#)

See Also



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who...

[Save ePub »](#)



DK Readers Animal Hospital Level 2 Beginning to Read Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured...

[Save ePub »](#)



DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs...

[Save ePub »](#)



Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide...

[Save ePub »](#)



Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead....

[Save ePub »](#)