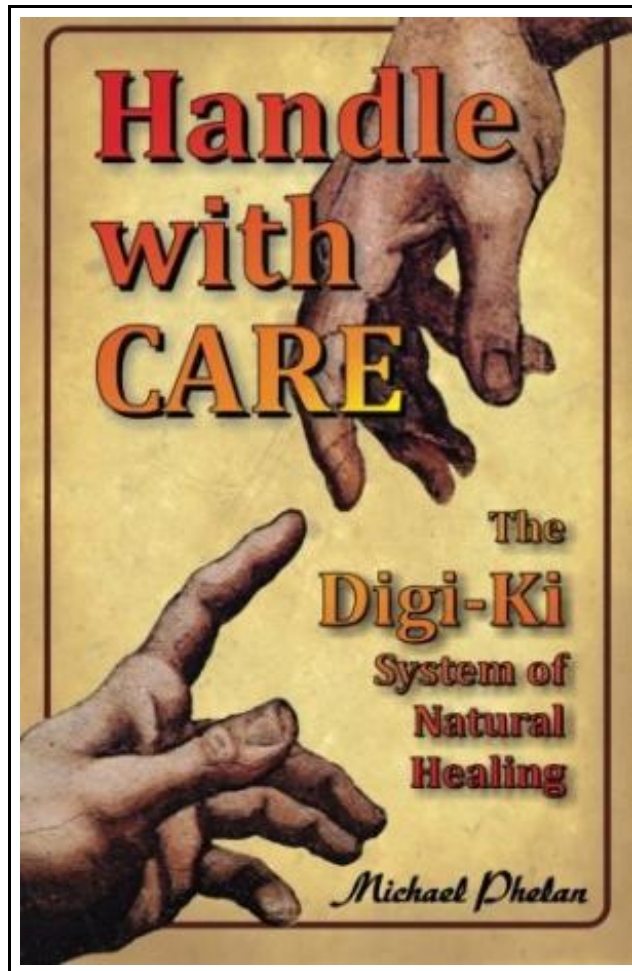


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HANDLE WITH CARE: THE DIGI-KI SYSTEM OF NATURAL HEALING (PAPERBACK)



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Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Handle with CARE: The Digi-Ki System of Natural Healing We are at a time of crisis and opportunity in relation to our health and well-being. We are each walking a tight rope between tradition medicine, alternative health practitioners and personal responsibility for our health and even survival. This book not only helps navigate the mine field of personal responsibility, but also provides an essential set of tools for promoting healing in ourselves and others. In my previous book *Why You Should CARE: What Happens When You Do I* explored the origins to discovering, and methods for embracing our true selves, within our relationship to the Universe. A crucial component of that relationship is opening to one's own healing abilities, which quickly begin to manifest and strengthen when we truly experience Universal Harmony through the Four CARE Principles. This methodology is not simply an add-on to any pre-existing healing modality like the very popular (and much misunderstood) modality called Reiki, but rather a unique approach in its philosophy, accessibility, and practice. *Handle with CARE: The Digi-Ki System of Natural Healing* provides; . A complete, simple and intuitive manual for accessing and implementing your innate healing abilities. . A guide through the Four CARE Principles enabling experiential understanding of our relationship to the Universe and Natural Healing. . A comprehensive guide and intuitive methodology for personal and professional healing sessions. . A wide-ranging array of meditations and exercises for maintaining personal vigor, health and well-being. . Complete instructions for assessing, cleaning, tuning and invigorating the body's Chakra system. . Methods for testing your connections with the Universe and access to the life force energy called Ki (Japanese) or...

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