

God s Perfect Size: Gain Victory and Lose Food Addiction for Life (Paperback)



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Reviews

Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).


(Myrl Hintz)

GOD S PERFECT SIZE: GAIN VICTORY AND LOSE FOOD ADDICTION FOR LIFE (PAPERBACK)



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Tate Publishing Enterprises, United States, 2010. Paperback. Book Condition: New. 208 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Her story embodies God s limitless power to set the captive free from the stronghold of addiction. April Harrah, MS--counselor and social worker. He was our natural father, but he rarely touched us. I threw my arms wide open, waiting for his embrace. An eternity passed in those few seconds. The embrace never came. So I held my arms out once again, but this time I said, Will you pick me up too? A smile slid across his face, and my heart soared. I took a step forward ready for my moment. I felt him move back. Had he lost his footing? I was about to try again, but he stopped me. He peered into my eyes and said, I can t pick you up. You re too fat, just like your mother. In that instant, he confirmed all of my fears, and I knew he was right. I was too fat. too fat to like, too fat to love, too fat to matter. That was a crucial point of development in author Kim Jagwe s life. As a young girl already wearing adult sizes, her fears and insecurities were confirmed and exposed by her own father. After that day, she began to seek consolation in the only way she knew--eating. Food addiction shackled her life for years, leaving her overweight, out of control, and unhappy. However, Kim Jagwe had someone on her side stronger than any other craving she d ever experienced. Once she realized God loved her unconditionally, she found the acceptance and deliverance she had been searching for her whole life. Was it a perfect walk to let go of the pain? No....

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